

revised 5/06

**Medina Girls Softball Association, Inc.**  
**T-Ball Rules**

1. T-Ball shall consist of players ages 6 and under\*. Can't be 7 before 8/1/06. \*Must be entering grade K in the fall.
2. The field dimensions for T-Ball shall be as follows:
  - A. Bases shall be placed 50 feet from home plate.
  - B. An arc with a 10 foot radius shall be drawn in front of home plate.
3. Games will consist of a minimum of three innings. A fourth inning may be played with the mutual agreement of both coaches.
4. All players attending the game shall be positioned in the field. A team shall field players at first, second, and third bases, a pitcher, a shortstop, and one infielder positioned between first and second bases (total of 6 infielders). All other players must be positioned in the outfield. The purpose of this rule is to teach organized defensive play in the infield. Any more than six infielders will lead to a "pile-on" situation with young players.
5. All players attending the game will be entered into the batting order. No changes in the batting order shall be made once play starts. All players must bat in turn.
6. All players will bat once per inning. Three outs **WILL NOT** constitute the end of an inning.
7. The score of the game shall not be typically recorded.
8. A batted ball must pass the 10 foot arc in front of home plate in order to be considered a fair ball. A ball not traveling the 10 foot distance shall be considered a foul ball.
9. A base runner advancing from one base to another must stop at the next base once the ball has been returned from the field to the pitcher.
10. A base runner may advance one base on an overthrown ball.
11. Players at bat or running the bases **MUST WEAR BATTING HELMETS AT ALL TIMES**. Helmets may not be removed until a player returns to the bench area.
12. No base stealing, leading off, or bunting is permitted in T-Ball.
13. Teams shall furnish first and third base coaches to aid players in running the bases.

14. Coaches will be responsible for providing drinking water and a first aid kit for their team.
15. All T-Ball coaches shall be committed to following the Medina Girls Softball Association T-Ball Coaches Code of Ethics. Bad sportsmanship or swearing will be grounds for cancellation of the game and potentially expulsion from the league.
16. During the last three games of the season, coaches are encouraged to attempt to remove the tee and pitch to their own players. Both coaches of a given game should mutually consent to this decision. A maximum of ten pitches should be thrown to a player before re-installing the tee.

### **Goals for T-Ball Participants**

Coaches involved in the Medina Girls Softball Association T-Ball League should consider the following achievable goals for their players:

1. Players should be able to name the basic defensive positions.
2. Even though the score is not recorded during games, players should know how a run is scored.
3. Players should be taught a level swing and to keep their eyes on the ball at all times while hitting off the tee.
4. Players should know what constitutes fair and foul territory.
5. Even though "outs" are not recorded in this league, players should be taught how to record an out while playing the defensive positions (i.e. tag out, force out, caught ball, etc.).
6. Players should be taught the correct way to throw a ball (stepping with the opposite foot, shifting weight, and throwing with a good overhand motion).
7. Players should be taught how to correctly stop a ground ball.
8. Players should be encouraged to catch with two hands.
9. Defensive players should be encouraged to play their own positions and not fight for a ball with their own teammates.